

Soup du Jour

Mon	Tuscan Bread Soup with Kale & White Beans
Tue	Chipotle Sweet Potato & Corn Chowder
Wed	Chicken Noodle
Thurs	Kale & Miso
Fri	Baked Potato & Bacon Chowder

Dessert

Monday – M & M Cookies

Tuesday – Lemon Bars

Wednesday – Sugar Cookies

Thursday – Chocolate Pudding,

Whipped Cream & Orea Crumbs

Friday – Golden Graham Bars

Daily Offerings

Deli Bar

House Roasted Turkey
Assortment of Deli Meats & Cheeses
Variety of Local Breads

Salad Bar

Simple Greens
Seasonal Gourmet Greens
Assortment of Freshly Cut Toppings,
Grains & Legumes
House-Made Salad Dressings
House Made Croutons
Prepared Deli Salads Including:
Chicken Salad, Egg Salad, Tuna Salad
& Hummus
Assortment of Local and Seasonal Hand
Fruit, Flavored Low-Fat Yogurt

Beverages

Skim & 2% Milk
Assortment of 100% Juices
Seasonal House-Made Beverages

M Entrée

Penne Pasta with Alfredo or Marinara
Ciabatta Rolls with Whipped Butter

Action Station Roasted Italian Sausage, Pulled Chicken or Beef
Meatballs

Veg Station Pasta or GF Pasta with Marinara
Steamed Asparagus
Roasted Carrots

T Entrée

Cilantro Lime Shredded Beef Tacos with Salsa, Sour Cream, Lettuce,
Cheese & Flour Tortillas - Spanish Rice & Sofrito Beans

Action Station Shredded Chicken Nacho Bar

Veg Station Veggie Tostadas with Beans, Vegan Chorizo & Tofu
Fajita Vegetables
Local Corn, Pepper & Tomato Saute

W Entrée

Roasted Turkey & Smoked Gouda Melt
House Made BBQ Potato Chips & Sweet & Smoky Baked Beans

Action Station Cheese Tortellini with Marinara Sauce & Italian
Sausage

Veg Station Three Cheese, Tomato & Arugula Melt
Roasted Zucchini & Squash with Herbs & Garlic
Steamed Cauliflower

Th Entrée

Buffalo Chicken Tenders – Carrot & Celery Sticks- Assorted Sauces
Roasted Baby Red Potatoes with Garlic & Dill

Action Station Chicken Teriyaki Potstickers with Ponzu Dipping
Sauce, Sticky Rice

Veg Station Korean BBQ Glazed Tofu & Tempeh
Steamed Green Beans
Cinnamon Honey Glazed Carrots

F Entrée

Beef Burgers with Lettuce, Tomato & Cheese
Fresh House Made French Fries

Action Station Carved Turkey Breast with Natural Sauce, Cranberry
Chutney & Wild Rice Salda

Veg Station Beyond Burger
Seasonal Vegetable Medley

Soup du Jour

Mon	Cream of Asparagus
Tue	Chicken Tortilla
Wed	Chicken Dumpling
Thurs	Curried Butternut Squash, Cauliflower & Coconut
Fri	Tomato-Basil Bisque

Dessert

Monday – Oatmeal Raisin Cookies

Tuesday – White Cake with Chocolate Frosting

Wednesday – Chocolate Chip Cookies

Thursday – Warm Cinnamon Sugar Donut Holes

Friday – Rice Krispy Bars

Daily Offerings

Deli Bar

House Roasted Turkey
Assortment of Deli Meats & Cheeses
Variety of Local Breads

Salad Bar

Simple Greens
Seasonal Gourmet Greens
Assortment of Freshly Cut Toppings, Grains & Legumes
House-Made Salad Dressings
House Made Croutons
Prepared Deli Salads Including:
Chicken Salad, Egg Salad, Tuna Salad & Hummus
Assortment of Local and Seasonal Hand Fruit, Flavored Low-Fat Yogurt

Beverages

Skim & 2% Milk
Assortment of 100% Juices
Seasonal House-Made Beverages

M Entrée

Cavatappi Pasta with Tomato Basil Cream Sauce or Pesto Alfredo
Sliced French Bread with Whipped Butter

Action Station Roasted Italian Sausage, Pulled Chicken or Beef Meatballs

Veg Station Gemelli Pasta (GF Pasta Available) Tomato Basil Cream Sauce or Pesto Alfredo
Steamed Green Beans
Roasted Carrots

T Entrée

Chicken & Cheese Quesadilla with Sour Cream & Salsa
Achiote Rice

Action Station Bacon Cheeseburger Slider

Veg Station Veggie Tostadas with Beans, Vegan Chorizo & Tofu
Chipotle Honey Cauliflower
Elote Style Corn

W Entrée

Candied Bacon & Jalapeno Macaroni & Cheese
Parker House Rolls with Whipped Butter

Action Station Cheese Ravioli with Pumpkin Alfredo Sauce, Crispy Prosciutto & Toasted Pumpkin Seeds

Veg Station Creamy Macaroni & Cheese
Steamed Brussels Sprouts
Cinnamon Honey Glazed Carrots

Th Entrée

Curried Chicken with Mango Chutney, Yogurt Sauce, Garlic Butter
Naan Bread & Lemon Basmati Rice

Action Station Vietnamese Pork Bao Bun, Pickled Daikon Slaw & Sriracha Mayo

Veg Station Curry & Sweet-Chili Tofu
Roasted Curried Vegetables
Saag (Curried, Creamed Spinach)

F Entrée

Cheese Pizza & Pepperoni Pizza

Action Station French Bread Pizza – Buffalo Mozzarella, Pesto, Basil & Balsamic Syrup Drizzle

Veg Station Gluten Aware Pizza
Seasonal Vegetable Meledy



Soup du Jour	
Mon	Cream of Cauliflower with Cheddar
Tue	Cuban Black Bean
Wed	Cream of Mushroom
Thurs	Vegetable Miso
Fri	Chicken & Sausage Gumbo

Dessert

Monday – Vanilla Cheesecake
 Tuesday – Warm Chocolate Churros
 Wednesday – Cereal Bar - BYO
 Thursday – Carrot Cake with Cream Cheese Frosting
 Friday – Assorted Donut Buffet

Daily Offerings

Deli Bar

House Roasted Turkey
 Assortment of Deli Meats & Cheeses
 Variety of Local Breads

Salad Bar

Simple Greens
 Seasonal Gourmet Greens
 Assortment of Freshly Cut Toppings, Grains & Legumes
 House-Made Salad Dressings
 House Made Croutons
 Prepared Deli Salads Including: Chicken Salad, Egg Salad, Tuna Salad & Hummus
 Assortment of Local and Seasonal Hand Fruit, Flavored Low-Fat Yogurt

Beverages

Skim & 2% Milk
 Assortment of 100% Juices
 Seasonal House-Made Beverages

HANDCUT FOODS

M Entrée

Rigatoni with Marinara or Italian Sausage & Mushroom Bolognese
 Three Cheese Semolina Bread with Whipped Butter

Action Station Roasted Italian Sausage, Pulled Chicken or Beef Meatballs

Veg Station Pasta or GF Pasta with Marinara
 Steamed Green Beans
 Italian Roasted Cauliflower

T Entrée

Burrito Bowl: Shredded Chicken & Chorizo, Fajita Peppers, Onions & Corn, Brown Rice or Cilantro-Lime Rice, Stewed Pinto Beans
 Assorted Toppings

Action Station Smoked Cheddar Cheese Grits with Blackened Chicken & Corn Chow-Chow

Veg Station Cheese Enchilada
 Fajita Vegetables
 Cilantro-Lime Corn

W Entrée

Italian Beef on French Roll with Giardiniera
 Roasted Steak Fries

Action Station Gnocchi with Short Rib Ragu, Caramelized Pearl Onions, Mushrooms & Butternut Squash

Veg Station Meatless "Beef" Crumbles with Buns
 Roasted Summer Squash
 Steamed Broccoli

Th Entrée

Parisian Chicken with Herbs de Provence & Mustard Cream Sauce
 Orzo Pasta

Action Station Tater Tot Poutine with White Cheddar Cheese Curds, Shredded Beef & Gravy

Veg Station Herbs de Provence Tofu with Mustard Cream Sauce
 French Beans Medley
 Roasted Artichoke Hearts, Peppers & Eggplant Medley

F Entrée

All Beef Hot Dog on a Wheat Bun with Minced Onion & Pickle Relish
 Baked Tater Tost tossed in a Ranch Powder

Action Station Chef-Created Mushroom & Mushroom Gravy, Sour Cream Mashed Potatoes & Crispy Onion Straws

Veg Station Vegan Brat
 GF Bun
 Assorted Vegetable Medley

No Service

Soup du Jour

Mon	Cream of Broccoli with Cheddar
Tue	Chipotle Sweet Potato & Corn Chowder
Wed	White Bean & Chicken Chili
Thurs	Shiitake Egg Drop
Fri	Chicken, Bacon & Corn Chowder

Dessert

Monday – M & M Cookies

Tuesday – Lemon Bars

Wednesday – Snickerdoodles

Thursday – Chocolate Pudding,

Whipped Cream & Orea Crumbs

Friday – Golden Graham Bars

Daily Offerings

Deli Bar

House Roasted Turkey
Assortment of Deli Meats & Cheeses
Variety of Local Breads

Salad Bar

Simple Greens
Seasonal Gourmet Greens
Assortment of Freshly Cut Toppings,
Grains & Legumes
House-Made Salad Dressings
House Made Croutons
Prepared Deli Salads Including:
Chicken Salad, Egg Salad, Tuna Salad
& Hummus
Assortment of Local and Seasonal Hand
Fruit, Flavored Low-Fat Yogurt

Beverages

Skim & 2% Milk
Assortment of 100% Juices
Seasonal House-Made Beverages

M **Entrée**
Penne Pasta with Marinara or Alfredo Sauce
Ciabatta Rolls with Whipped Butter

No Service

Action Station Roasted Italian Sausage, Pulled Chicken or Beef Meatballs

Veg Station
Eggplant Parmesan
Steamed Lemon Green Beans
Parmesan Roasted Broccoli

T **Entrée**
Ground Beef Taco with Salsa, Sour Cream, Lettuce & Cheese
Spanish Rice & Sofrito Beans

Action Station Nacho Bar with Queso Blanco, Roasted Corn, Poblano Peppers 7 Agave Glazed Andouille Sausage

Veg Station
Vegan Chorizo Tostada
Fajita Peppers
Roasted Sweet Corn with Lime

W **Entrée**
Roasted Chicken & Broccoli Macaroni & Cheese
Parker House Dinner Rolls with Whipped Butter

Action Station Butternut Squash Ravioli, Mushroom-Sage Ragu & Italian Sausage

Veg Station
Creamy Macaroni & Cheese
Buffalo Roasted Cauliflower
Honey Cinnamon Glazed Carrots

Th **Entrée**
Chicken Teriyaki
Vegetable Fried Rice

Action Station Bulgogi Shredded Pork Bao Buns, Pickled Cabbage Slaw & Gochujang BBQ Sauce

Veg Station
Sweet Chili Fried Tofu
Braised Bok Choy
Carrot, Broccoli & Pepper Stir Fry

F **Entrée**
Cheese Pizza & Pepperoni Pizza

Action Station French Bread Pizza – Buffalo Mozzarella, Pesto, Basil & Balsamic Syrup Drizzle

Veg Station Spinach-Ricotta Calzone
Seasonal Vegetable Meledy

Soup du Jour

Mon	Tomato Florentine
Tue	Chicken Tortilla
Wed	Chicken & Dumpling
Thurs	Rustic Tomato with Orzo
Fri	Beef Barley

Dessert

Monday – Oatmeal Raisin Cookies

Tuesday – Warm Cinnamon Sugar

Donut Holes

Wednesday – Chocolate Chip Cookies

Thursday – Red Velvet Cake with Cream

Cheese Frosting

Friday – Ice Cream Cup

Daily Offerings

Deli Bar

House Roasted Turkey
Assortment of Deli Meats & Cheeses
Variety of Local Breads

Salad Bar

Simple Greens
Seasonal Gourmet Greens
Assortment of Freshly Cut Toppings,
Grains & Legumes
House-Made Salad Dressings
House Made Croutons
Prepared Deli Salads Including:
Chicken Salad, Egg Salad, Tuna Salad
& Hummus
Assortment of Local and Seasonal Hand
Fruit, Flavored Low-Fat Yogurt

Beverages

Skim & 2% Milk
Assortment of 100% Juices
Seasonal House-Made Beverages

M Entrée

Cavatappi Pasta with Tomato-Basil Cream Sauce or Pesto Alfredo
Sliced French Bread with Whipped Butter

Action Station Roasted Italian Sausage, Pulled Chicken or Beef
Meatballs

Veg Station Pasta or GF Pasta with Marinara
Steamed Broccoli with Lemon & Thyme
Molasses Carrots

T Entrée

Green Chili & Cheese Enchiladas with Sour Cream & Salsa
Achiote Rice

Action Station Chicken Togarashi Slider, Crunchy Sriracha Slaw

Veg Station Veggie Tostadas with Beans, Vegan Chorizo & Tofu
Chimichurri Charred Cauliflower
Steamed Corn & Peppers

W Entrée

Three Cheese & Bacon Melt on Sourdough
House Made BBQ Potato Chips & Sweet & Smoky Baked Beans

Action Station Three Cheese Tortellini with Sun Dried Tomato-Pesto
Sauce & Breaded Chicken Parmesan

Veg Station GF Dairy & Gluten Aware Melt with Arugula & Tomato
Steamed Spinach & Sauteed Garlic
Roasted Carrots with Rosemary & Garlic

Th Entrée

Carribbean Jerk Chicken
Roasted Pineapple Salsa, Garlic Butter Naan
Brown Sugar Smashed Sweet Potatoes

Action Station Crispy Vegetable Egg Roll, Sweet Chili Sauce, Sticky
Rice

Veg Station Cabbage Poriyal – Indian Braised Cabbage
Szechuan Green Beans

F Entrée

Grilled Wisconsin Brats, Brat Bun & Sauerkraut
Sauteed Spaetzle with Whole Grain Mustard & Parsley Butter

Action Station Maple Roasted Pork Loin, Parmesan Whipped Red
Potatoes & Natural Sauce

Veg Station Vegan Brat with Peppers & Onions
Seasonal Vegetable Medley