

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11	12	13	14	15
The Soup Bowl • Chicken Noodle Soup • Cream of Asparagus Soup Salad Bar • Greek Salad Grab & Go Sandwich • Grilled Three Cheese Sandwich on Texas Toast • Grilled Havarti Sandwich • Italian Sub Sandwich Ready Set Deli • House Smoked Turkey Breast Seasonal Grains & Vegetables • Spring Vegetable, Farro and Arugula Salad • Roasted Carrots, Rosemary, Garlic • Roasted Asparagus Sweet Station • Apple Crisp	The Soup Bowl • Hearty Vegetable Noodle Soup • Chicken Pozole Salad Bar • Tropical Salsa Grab & Go Sandwich • Grilled Three Cheese Sandwich on Texas Toast • Grilled Havarti Sandwich • Italian Sub Sandwich Ready Set Deli • House Smoked Turkey Breast Seasonal Grains & Vegetables • Seasoned Quinoa with Parmesan and Basil • Steamed & Seasoned Cauliflower • Green Beans and Cherry Tomatoes Sweet Station • Blondie Brownie	The Soup Bowl • Chicken Noodle Soup • Cream of Tomato Soup Salad Bar • Tomato Cucumber Salad Grab & Go Sandwich • Grilled Three Cheese Sandwich on Texas Toast • Grilled Havarti Sandwich • Italian Sub Sandwich Ready Set Deli • House Smoked Turkey Breast Seasonal Grains & Vegetables • Garbanzo Beans • Roasted Green & Yellow Squash with Garlic and Herbs • Kung Pao Broccoli Sweet Station • M & M Cookie	The Soup Bowl • Hearty Vegetable Noodle Soup • Tuscan Vegetable Soup Salad Bar • Mandarin Orange & Asian Vegetable Noodle Salad Grab & Go Sandwich • Grilled Three Cheese Sandwich on Texas Toast • Grilled Havarti Sandwich • Italian Sub Sandwich Ready Set Deli • House Smoked Turkey Breast Seasonal Grains & Vegetables • Bulgur Wheat • Steamed Spinach, Sauteed Garlic • Sauteed Peppers Onions Sweet Station • Carrot Cake with Cream Cheese Frosting -No Nuts	The Soup Bowl • Chicken Noodle Soup • Vegetarian Louisiana Gumbo Salad Bar • Spinach, Feta & Berry Salad Grab & Go Sandwich • Grilled Three Cheese Sandwich on Texas Toast • Grilled Havarti Sandwich • Italian Sub Sandwich Ready Set Deli • House Smoked Turkey Breast Pizza • Cheese Pizza • Deluxe Pizza Seasonal Grains & Vegetables • Lentil, Roasted Vegetable, Cumin • Vegetable Ratatouille • Charred Brussels Sprouts Sweet Station • Rice Krispy Bar

**Daily Offerings:** Deli Bar , House Roasted Turkey, Assortment of Deli Meats, Assortment of Sliced Cheeses, Variety of Local Breads , **Salad Bar** , Simple Greens and Seasonal Gourmet Greens, Assortment of Freshly Cut and Prepared Salad Toppings, Grains, Legumes, House-made Salad Dressings to include Low-Fat Salad Dressings, House-made Croutons , Prepared Deli Salads to include Chicken, Egg and Tuna, Hummus , **Sweet Offerings:** , Assortment of Local and Seasonal Hand Fruit, Flavored Low-Fat Yogurt , **Beverages:** , Skim and 2% Milk, Assortment of 100% Juices and Seasonal House-made Beverages including Water Works

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
18	19	20	21	22
The Soup Bowl • Cream of Mushroom Soup • Chicken Noodle Soup Salad Bar • Shaved Brussels Sprouts Salad Grab & Go Sandwich • Grilled Three Cheese Sandwich on Texas Toast • Turkey-Bacon Wrap • Balsamic Veggie, Cheddar, Wheat Wrap Ready Set Deli • House Smoked Turkey Breast Seasonal Grains & Vegetables • Spring Vegetable, Farro and Arugula Salad • Roasted Carrots, Rosemary, Garlic • Roasted Asparagus Sweet Station • Cheesecake Tart	The Soup Bowl • Hearty Vegetable Noodle Soup • Black Bean Soup Salad Bar • Guacamole Grab & Go Sandwich • Grilled Three Cheese Sandwich on Texas Toast • Turkey-Bacon Wrap • Balsamic Veggie, Cheddar, Wheat Wrap Ready Set Deli • House Smoked Turkey Breast Seasonal Grains & Vegetables • Seasoned Quinoa with Parmesan and Basil • Steamed & Seasoned Cauliflower • Green Beans and Cherry Tomatoes Sweet Station • BYO Cereal Bar: Lucky Charms, Cocoa Puffs & Cinnamon Toast Crunch	The Soup Bowl • Cream of Broccoli Soup • Chicken and Dumpling Soup Salad Bar • Spring Vegetable Chopped Salad Grab & Go Sandwich • Grilled Three Cheese Sandwich on Texas Toast • Turkey-Bacon Wrap • Balsamic Veggie, Cheddar, Wheat Wrap Ready Set Deli • House Smoked Turkey Breast Seasonal Grains & Vegetables • Garbanzo Beans • Roasted Green & Yellow Squash with Garlic and Herbs • Kung Pao Broccoli Sweet Station • Chocolate Chip Cookie	The Soup Bowl • Hearty Vegetable Noodle Soup • Egg Drop Soup Salad Bar • Watermelon Feta Mint Salad Grab & Go Sandwich • Grilled Three Cheese Sandwich on Texas Toast • Turkey-Bacon Wrap • Balsamic Veggie, Cheddar, Wheat Wrap Ready Set Deli • House Smoked Turkey Breast Seasonal Grains & Vegetables • Bulgur Wheat • Steamed Spinach, Sautéed Garlic • Sautéed Peppers Onions Sweet Station • Tres Leche Cake	The Soup Bowl • Creamy Corn Chowder • Chicken Noodle Soup Salad Bar • Curried Roasted Cauliflower Salad of Wilted Spinach Grab & Go Sandwich • Grilled Three Cheese Sandwich on Texas Toast • Turkey-Bacon Wrap • Balsamic Veggie, Cheddar, Wheat Wrap Ready Set Deli • House Smoked Turkey Breast Pizza • Cheese Pizza • Pepperoni Pizza Seasonal Grains & Vegetables • Lentil, Roasted Vegetable, Cumin • Vegetable Ratatouille • Charred Brussels Sprouts Sweet Station • Fudge Brownie

**Daily Offerings:** Deli Bar , House Roasted Turkey, Assortment of Deli Meats, Assortment of Sliced Cheeses, Variety of Local Breads , **Salad Bar** , Simple Greens and Seasonal Gourmet Greens, Assortment of Freshly Cut and Prepared Salad Toppings, Grains, Legumes, House-made Salad Dressings to include Low-Fat Salad Dressings, House-made Croutons , Prepared Deli Salads to include Chicken, Egg and Tuna, Hummus , **Sweet Offerings:** , Assortment of Local and Seasonal Hand Fruit, Flavored Low-Fat Yogurt , **Beverages:** , Skim and 2% Milk, Assortment of 100% Juices and Seasonal House-made Beverages including Water Works

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#### MONDAY

25



Yom Kippur

#### TUESDAY

26

- The Soup Bowl
- Hearty Vegetable Noodle Soup
- Chicken Tortilla Soup
- Salad Bar
- Pico de Gallo
- Grab & Go Sandwich
- Grilled Three Cheese Sandwich on Texas Toast
- Egg Salad on Croissant
- Tuna Salad on Multigrain Bread
- Ready Set Deli
- House Smoked Turkey Breast
- Seasonal Grains & Vegetables
- Seasoned Quinoa with Parmesan and Basil
- Steamed & Seasoned Cauliflower
- Green Beans and Cherry Tomatoes
- Sweet Station
- Strawberry Shortcake

#### WEDNESDAY

27

- The Soup Bowl
- Cream Cauliflower Cheddar Soup
- Vegetable Lentil Soup
- Salad Bar
- Low Sodium Peach, Honey Vinaigrette
- Grab & Go Sandwich
- Grilled Three Cheese Sandwich on Texas Toast
- Egg Salad on Croissant
- Tuna Salad on Multigrain Bread
- Ready Set Deli
- House Smoked Turkey Breast
- Seasonal Grains & Vegetables
- Garbanzo Beans
- Roasted Green & Yellow Squash with Garlic and Herbs
- Kung Pao Broccoli
- Sweet Station
- Oatmeal Raisin Cookie

#### THURSDAY

28

- The Soup Bowl
- Hearty Vegetable Noodle Soup
- Vegetarian Minestrone
- Salad Bar
- Caprese Salad
- Grab & Go Sandwich
- Grilled Three Cheese Sandwich on Texas Toast
- Egg Salad on Croissant
- Tuna Salad on Multigrain Bread
- Ready Set Deli
- House Smoked Turkey Breast
- Seasonal Grains & Vegetables
- Bulgur Wheat
- Steamed Spinach, Sautéed Garlic
- Sautéed Peppers Onions
- Sweet Station
- USM Wildcat Cake

#### FRIDAY

29

- The Soup Bowl
- Cream of Potato Chowder with Bacon
- Chicken Noodle Soup
- Salad Bar
- HCF Vegan Roasted Beet Salad
- Grab & Go Sandwich
- Grilled Three Cheese Sandwich on Texas Toast
- Egg Salad on Croissant
- Tuna Salad on Multigrain Bread
- Ready Set Deli
- House Smoked Turkey Breast
- Pizza
- Pepperoni Pizza
- Cheese Pizza
- Seasonal Grains & Vegetables
- Lentil, Roasted Vegetable, Cumin
- Vegetable Ratatouille
- Charred Brussels Sprouts
- Sweet Station
- Lemon Bar with Raspberry Sauce

**Daily Offerings:** Deli Bar , House Roasted Turkey, Assortment of Deli Meats, Assortment of Sliced Cheeses, Variety of Local Breads , **Salad Bar** , Simple Greens and Seasonal Gourmet Greens, Assortment of Freshly Cut and Prepared Salad Toppings, Grains, Legumes, House-made Salad Dressings to include Low-Fat Salad Dressings, House-made Croutons , Prepared Deli Salads to include Chicken, Egg and Tuna, Hummus , **Sweet Offerings:** , Assortment of Local and Seasonal Hand Fruit, Flavored Low-Fat Yogurt , **Beverages:** , Skim and 2% Milk, Assortment of 100% Juices and Seasonal House-made Beverages including Water Works

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
The Soup Bowl • Black Bean Soup • Hearty Vegetable Noodle Soup Salad Bar • HCF Vegan Roasted Beet Salad Ready Set Deli • House Smoked Turkey Breast Pizza • Cheese Pizza • Pepperoni Pizza Seasonal Grains & Vegetables • Spring Vegetable, Farro and Arugula Salad • Roasted Carrots, Rosemary, Garlic • Roasted Asparagus Sweet Station • Apple Crisp	The Soup Bowl • Chicken Noodle Soup • Cream of Mushroom Soup Salad Bar • Classic Caesar Salad Ready Set Deli • House Smoked Turkey Breast Chef's Table • Rigatoni Pasta Bar Main Entrees • All Beef Cheeseburger, served on a Whole Wheat Bun • Chipotle Black Bean Burger Patty • Parmesan Potato Wedges Pizza • Cheese Pizza • Sausage Pizza Seasonal Grains & Vegetables • Seasoned Quinoa with Parmesan and Basil • Steamed & Seasoned Cauliflower • Green Beans and Cherry Tomatoes Sweet Station • Ciinnamon Churros	The Soup Bowl • Cream of Broccoli Soup • Chicken and Dumpling Soup Salad Bar • Watermelon Feta Mint Salad Ready Set Deli • House Smoked Turkey Breast Chef's Table • Tater Tot Poutine, White-Cheddar Cheese Curds, Smothered in a Beef Gravy Main Entrees • Chicken Tacos • Vegan Chorizo • Spanish Rice • Spanish Style Stewed Beans with Tomato, Onions & Cilantro Pizza • Cheese Pizza • Garden Vegetable Pizza Seasonal Grains & Vegetables • Garbanzo Beans • Roasted Green & Yellow Squash with Garlic and Herbs • Kung Pao Broccoli Sweet Station • Chocolate Chip Cookie	The Soup Bowl • Egg Drop Soup • Hearty Vegetable Noodle Soup Salad Bar • Tabouleh Ready Set Deli • House Smoked Turkey Breast Chef's Table • Ultimate Loaded Wisconsin Cheese Nachos Main Entrees • Baked Mac and Cheese • BBQ Pulled Pork • Bacon Crumbles Pizza • Cheese Pizza • Deluxe Pizza Seasonal Grains & Vegetables • Bulgur Wheat • Steamed Spinach, Sauteed Garlic • Sauteed Peppers Onions Sweet Station • Red Velvet Cake	The Soup Bowl • Chicken Noodle Soup • Creamy Corn Chowder Salad Bar • Caprese Salad Ready Set Deli • House Smoked Turkey Breast Chef's Table • Basil Pesto Vegetable Pasta Main Entrees • Tandoori Chicken with a Mango Chutney • Thai Basil Tofu • Garlic-Butter Naan Pizza • Cheese Pizza • Buffalo Chicken Pizza Seasonal Grains & Vegetables • Lentil, Roasted Vegetable, Cumin • Vegetable Ratatouille • Charred Brussels Sprouts Sweet Station • Golden Graham Bars

**Daily Offerings:** Deli Bar , House Roasted Turkey, Assortment of Deli Meats, Assortment of Sliced Cheeses, Variety of Local Breads , **Salad Bar** , Simple Greens and Seasonal Gourmet Greens, Assortment of Freshly Cut and Prepared Salad Toppings, Grains, Legumes, House-made Salad Dressings to include Low-Fat Salad Dressings, House-made Croutons , Prepared Deli Salads to include Chicken, Egg and Tuna, Hummus , **Sweet Offerings:** , Assortment of Local and Seasonal Hand Fruit, Flavored Low-Fat Yogurt , **Beverages:** , Skim and 2% Milk, Assortment of 100% Juices and Seasonal House-made Beverages including Water Works

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9	10	11	12	13
The Soup Bowl • Chicken Noodle Soup • Cream of Wild Rice Salad Bar • Chef Salad Ready Set Deli • House Smoked Turkey Breast Chef's Table • BYO Pasta Bar Seasonal Grains & Vegetables • Spring Vegetable, Farro and Arugula Salad • Roasted Carrots, Rosemary, Garlic • Roasted Asparagus Sweet Station • Cheesecake Tart	The Soup Bowl • Hearty Vegetable Noodle Soup • Chicken Tortilla Soup Salad Bar • Pico de Gallo Ready Set Deli • House Smoked Turkey Breast Chef's Table • BYO Pasta Bar Main Entrees • Beef Barbacoa Tacos Seasonal Grains & Vegetables • Fajita Vegetables • Steamed Corn • Spanish Style Stewed Beans with Tomato, Onions & Cilantro • Cilantro Rice Sweet Station • Chocolate Chip Cookie	The Soup Bowl • Chicken Wild Rice Soup • Cream Cauliflower Cheddar Soup Salad Bar • Spring Vegetable Chopped Salad Ready Set Deli • House Smoked Turkey Breast Chef's Table • BYO Pasta Bar Main Entrees • Wisconsin Bratwurst on a Pretzella Bun Seasonal Grains & Vegetables • Steamed & Seasoned Cauliflower • Roasted Carrots, Rosemary, Garlic • Jasmine Rice • Roasted Butternut & Root Vegetable Hash Sweet Station • Lemon Bar with Raspberry Sauce	The Soup Bowl • Hearty Vegetable Noodle Soup • Roasted Red Pepper Soup Salad Bar • Low Sodium Peach, Honey Vinaigrette Ready Set Deli • House Smoked Turkey Breast Chef's Table • BYO Pasta Bar Main Entrees • Korean Style BBQ Beef Bao Bun Seasonal Grains & Vegetables • Bulgur Wheat • Steamed Broccoli • Baby Bok Choy • Seasoned Potato Wedges Sweet Station • Fudge Brownie	The Soup Bowl • Chicken Noodle Soup • Cream of Potato Chowder with Bacon Salad Bar • Gazpacho Salad with Garbanzo Beans and Feta Ready Set Deli • House Smoked Turkey Breast Chef's Table • BYO Pasta Bar Main Entrees • BBQ Pulled Pork Pizza • Cheese Pizza • Pepperoni Pizza Seasonal Grains & Vegetables • Spring Vegetable, Farro and Arugula Salad • Roasted Green & Yellow Squash with Garlic and Herbs • Green Beans and Cherry Tomatoes Sweet Station • Rice Krispy Bar

**Daily Offerings:** Deli Bar , House Roasted Turkey, Assortment of Deli Meats, Assortment of Sliced Cheeses, Variety of Local Breads , **Salad Bar** , Simple Greens and Seasonal Gourmet Greens, Assortment of Freshly Cut and Prepared Salad Toppings, Grains, Legumes, House-made Salad Dressings to include Low-Fat Salad Dressings, House-made Croutons , Prepared Deli Salads to include Chicken, Egg and Tuna, Hummus , **Sweet Offerings:** , Assortment of Local and Seasonal Hand Fruit, Flavored Low-Fat Yogurt , **Beverages:** , Skim and 2% Milk, Assortment of 100% Juices and Seasonal House-made Beverages including Water Works

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#### MONDAY

16

The Soup Bowl  
 • Chicken Noodle Soup  
 • Cream of Asparagus Soup  
 Salad Bar  
 • Greek Salad  
 Ready Set Deli  
 • House Smoked Turkey Breast  
 Seasonal Grains & Vegetables  
 • Spring Vegetable, Farro and Arugula Salad  
 • Roasted Carrots, Rosemary, Garlic  
 • Roasted Asparagus  
 Sweet Station  
 • Apple Crisp

#### TUESDAY

17

The Soup Bowl  
 • Hearty Vegetable Noodle Soup  
 • Chicken Pozole  
 Salad Bar  
 • Tropical Salsa  
 Ready Set Deli  
 • House Smoked Turkey Breast  
 Seasonal Grains & Vegetables  
 • Seasoned Quinoa with Parmesan and Basil  
 • Steamed & Seasoned Cauliflower  
 • Green Beans and Cherry Tomatoes  
 Sweet Station  
 • Blondie Brownie

#### WEDNESDAY

18

The Soup Bowl  
 • Chicken Noodle Soup  
 • Cream of Tomato Soup  
 Salad Bar  
 • Tomato Cucumber Salad  
 Ready Set Deli  
 • House Smoked Turkey Breast  
 Seasonal Grains & Vegetables  
 • Garbanzo Beans  
 • Roasted Green & Yellow Squash with Garlic and Herbs  
 • Kung Pao Broccoli  
 Sweet Station  
 • M & M Cookie

#### THURSDAY

19

The Soup Bowl  
 • Hearty Vegetable Noodle Soup  
 • Tuscan Vegetable Soup  
 Salad Bar  
 • Mandarin Orange & Asian Vegetable Noodle Salad  
 Ready Set Deli  
 • House Smoked Turkey Breast  
 Seasonal Grains & Vegetables  
 • Bulgur Wheat  
 • Steamed Spinach, Sautéed Garlic  
 • Sautéed Peppers Onions  
 Sweet Station  
 • Carrot Cake with Cream Cheese Frosting -No Nuts

#### FRIDAY

20



USM CLOSED

**Daily Offerings:** Deli Bar , House Roasted Turkey, Assortment of Deli Meats, Assortment of Sliced Cheeses, Variety of Local Breads , **Salad Bar** , Simple Greens and Seasonal Gourmet Greens, Assortment of Freshly Cut and Prepared Salad Toppings, Grains, Legumes, House-made Salad Dressings to include Low-Fat Salad Dressings, House-made Croutons , Prepared Deli Salads to include Chicken, Egg and Tuna, Hummus , **Sweet Offerings:** , Assortment of Local and Seasonal Hand Fruit, Flavored Low-Fat Yogurt , **Beverages:** , Skim and 2% Milk, Assortment of 100% Juices and Seasonal House-made Beverages including Water Works

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#### MONDAY

23



USM CLOSED

#### TUESDAY

24

The Soup Bowl

- Hearty Vegetable Noodle Soup
- Black Bean Soup

Salad Bar

- Guacamole

Ready Set Deli

- House Smoked Turkey Breast

Seasonal Grains & Vegetables

- Seasoned Quinoa with Parmesan and Basil
- Steamed & Seasoned Cauliflower
- Green Beans and Cherry Tomatoes

Sweet Station

- BYO Cereal Bar: Lucky Charms, Cocoa Puffs & Cinnamon Toast Crunch

#### WEDNESDAY

25

The Soup Bowl

- Cream of Broccoli Soup
- Chicken and Dumpling Soup

Salad Bar

- Spring Vegetable Chopped Salad

Ready Set Deli

- House Smoked Turkey Breast

Seasonal Grains & Vegetables

- Garbanzo Beans
- Roasted Green & Yellow Squash with Garlic and Herbs
- Kung Pao Broccoli

Sweet Station

- Chocolate Chip Cookie

#### THURSDAY

26

The Soup Bowl

- Hearty Vegetable Noodle Soup
- Egg Drop Soup

Salad Bar

- Watermelon Feta Mint Salad

Ready Set Deli

- House Smoked Turkey Breast

Seasonal Grains & Vegetables

- Bulgur Wheat
- Steamed Spinach, Sautéed Garlic
- Sautéed Peppers Onions

Sweet Station

- Tres Leche Cake

#### FRIDAY

27

The Soup Bowl

- Creamy Corn Chowder
- Chicken Noodle Soup

Salad Bar

- Curried Roasted Cauliflower
- Salad of Wilted Spinach

Ready Set Deli

- House Smoked Turkey Breast

Pizza

- Cheese Pizza
- Pepperoni Pizza

Seasonal Grains & Vegetables

- Lentil, Roasted Vegetable, Cumin
- Vegetable Ratatouille
- Charred Brussels Sprouts

Sweet Station

- Fudge Brownie

**Daily Offerings:** Deli Bar , House Roasted Turkey, Assortment of Deli Meats, Assortment of Sliced Cheeses, Variety of Local Breads , **Salad Bar** , Simple Greens and Seasonal Gourmet Greens, Assortment of Freshly Cut and Prepared Salad Toppings, Grains, Legumes, House-made Salad Dressings to include Low-Fat Salad Dressings, House-made Croutons , Prepared Deli Salads to include Chicken, Egg and Tuna, Hummus , **Sweet Offerings:** , Assortment of Local and Seasonal Hand Fruit, Flavored Low-Fat Yogurt , **Beverages:** , Skim and 2% Milk, Assortment of 100% Juices and Seasonal House-made Beverages including Water Works



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1	2	3
The Soup Bowl • Chicken Noodle Soup • Mushroom and Barley Soup Salad Bar • Classic Caesar Salad Ready Set Deli • House Smoked Turkey Breast Seasonal Grains & Vegetables • Spring Vegetable, Farro and Arugula Salad • Roasted Carrots, Rosemary, Garlic • Roasted Asparagus Sweet Station • Peach Crisp w/Oat Topping	The Soup Bowl • Hearty Vegetable Noodle Soup • Chicken Tortilla Soup Salad Bar • Pico de Gallo Ready Set Deli • House Smoked Turkey Breast Seasonal Grains & Vegetables • Seasoned Quinoa with Parmesan and Basil • Steamed & Seasoned Cauliflower • Green Beans and Cherry Tomatoes Sweet Station • Strawberry Shortcake	The Soup Bowl • Cream Cauliflower Cheddar Soup • Vegetable Lentil Soup Salad Bar • Low Sodium Peach, Honey Vinaigrette Ready Set Deli • House Smoked Turkey Breast Seasonal Grains & Vegetables • Garbanzo Beans • Roasted Green & Yellow Squash with Garlic and Herbs • Kung Pao Broccoli Sweet Station • Oatmeal Raisin Cookie	The Soup Bowl • Hearty Vegetable Noodle Soup • Vegetarian Minestrone Salad Bar • Caprese Salad Ready Set Deli • House Smoked Turkey Breast Seasonal Grains & Vegetables • Bulgur Wheat • Steamed Spinach, Sautéed Garlic • Sautéed Peppers Onions Sweet Station • USM Wildcat Cake	The Soup Bowl • Cream of Potato Chowder with Bacon • Chicken Noodle Soup Salad Bar • HCF Vegan Roasted Beet Salad Ready Set Deli • House Smoked Turkey Breast Pizza • Pepperoni Pizza • Cheese Pizza Seasonal Grains & Vegetables • Lentil, Roasted Vegetable, Cumin • Vegetable Ratatouille • Charred Brussels Sprouts Sweet Station • Lemon Bar with Raspberry Sauce

**Daily Offerings:** Deli Bar , House Roasted Turkey, Assortment of Deli Meats, Assortment of Sliced Cheeses, Variety of Local Breads , **Salad Bar** , Simple Greens and Seasonal Gourmet Greens, Assortment of Freshly Cut and Prepared Salad Toppings, Grains, Legumes, House-made Salad Dressings to include Low-Fat Salad Dressings, House-made Croutons , Prepared Deli Salads to include Chicken, Egg and Tuna, Hummus , **Sweet Offerings:** , Assortment of Local and Seasonal Hand Fruit, Flavored Low-Fat Yogurt , **Beverages:** , Skim and 2% Milk, Assortment of 100% Juices and Seasonal House-made Beverages including Water Works

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6	7	8	9	10
<p>The Soup Bowl</p> <ul style="list-style-type: none"> <li>• Black Bean Soup</li> <li>• Hearty Vegetable Noodle Soup</li> </ul> <p>Salad Bar</p> <ul style="list-style-type: none"> <li>• HCF Vegan Roasted Beet Salad</li> </ul> <p>Ready Set Deli</p> <ul style="list-style-type: none"> <li>• House Smoked Turkey Breast</li> </ul> <p>Pizza</p> <ul style="list-style-type: none"> <li>• Cheese Pizza</li> <li>• Pepperoni Pizza</li> </ul> <p>Seasonal Grains &amp; Vegetables</p> <ul style="list-style-type: none"> <li>• Spring Vegetable, Farro and Arugula Salad</li> <li>• Roasted Carrots, Rosemary, Garlic</li> <li>• Roasted Asparagus</li> </ul> <p>Sweet Station</p> <ul style="list-style-type: none"> <li>• Apple Crisp</li> </ul>	<p>The Soup Bowl</p> <ul style="list-style-type: none"> <li>• Chicken Noodle Soup</li> <li>• Cream of Mushroom Soup</li> </ul> <p>Salad Bar</p> <ul style="list-style-type: none"> <li>• Classic Caesar Salad</li> </ul> <p>Ready Set Deli</p> <ul style="list-style-type: none"> <li>• House Smoked Turkey Breast</li> </ul> <p>Chef's Table</p> <ul style="list-style-type: none"> <li>• Rigatoni Pasta Bar</li> </ul> <p>Main Entrees</p> <ul style="list-style-type: none"> <li>• All Beef Cheeseburger, served on a Whole Wheat Bun</li> <li>• Chipotle Black Bean Burger</li> </ul> <p>Patty</p> <ul style="list-style-type: none"> <li>• Parmesan Potato Wedges</li> </ul> <p>Pizza</p> <ul style="list-style-type: none"> <li>• Cheese Pizza</li> <li>• Sausage Pizza</li> </ul> <p>Seasonal Grains &amp; Vegetables</p> <ul style="list-style-type: none"> <li>• Seasoned Quinoa with Parmesan and Basil</li> <li>• Steamed &amp; Seasoned Cauliflower</li> <li>• Green Beans and Cherry Tomatoes</li> </ul> <p>Sweet Station</p> <ul style="list-style-type: none"> <li>• Ciinnamon Churros</li> </ul>	<p>The Soup Bowl</p> <ul style="list-style-type: none"> <li>• Cream of Broccoli Soup</li> <li>• Chicken and Dumpling Soup</li> </ul> <p>Salad Bar</p> <ul style="list-style-type: none"> <li>• Watermelon Feta Mint Salad</li> </ul> <p>Ready Set Deli</p> <ul style="list-style-type: none"> <li>• House Smoked Turkey Breast</li> </ul> <p>Chef's Table</p> <ul style="list-style-type: none"> <li>• Tater Tot Poutine, White-Cheddar Cheese Curds, Smothered in a Beef Gravy</li> </ul> <p>Main Entrees</p> <ul style="list-style-type: none"> <li>• Chicken Tacos</li> <li>• Vegan Chorizo</li> <li>• Spanish Rice</li> <li>• Spanish Style Stewed Beans with Tomato, Onions &amp; Cilantro</li> </ul> <p>Pizza</p> <ul style="list-style-type: none"> <li>• Cheese Pizza</li> <li>• Garden Vegetable Pizza</li> </ul> <p>Seasonal Grains &amp; Vegetables</p> <ul style="list-style-type: none"> <li>• Garbanzo Beans</li> <li>• Roasted Green &amp; Yellow Squash with Garlic and Herbs</li> <li>• Kung Pao Broccoli</li> </ul> <p>Sweet Station</p> <ul style="list-style-type: none"> <li>• Chocolate Chip Cookie</li> </ul>	 <p>USM CLOSED</p>	 <p>USM CLOSED</p>

**Daily Offerings:** Deli Bar , House Roasted Turkey, Assortment of Deli Meats, Assortment of Sliced Cheeses, Variety of Local Breads , **Salad Bar** , Simple Greens and Seasonal Gourmet Greens, Assortment of Freshly Cut and Prepared Salad Toppings, Grains, Legumes, House-made Salad Dressings to include Low-Fat Salad Dressings, House-made Croutons , Prepared Deli Salads to include Chicken, Egg and Tuna, Hummus , **Sweet Offerings:** , Assortment of Local and Seasonal Hand Fruit, Flavored Low-Fat Yogurt , **Beverages:** , Skim and 2% Milk, Assortment of 100% Juices and Seasonal House-made Beverages including Water Works

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
13	14	15	16	17
The Soup Bowl • Chicken Noodle Soup • Cream of Wild Rice Salad Bar • Chef Salad Ready Set Deli • House Smoked Turkey Breast Chef's Table • BYO Pasta Bar Seasonal Grains & Vegetables • Spring Vegetable, Farro and Arugula Salad • Roasted Carrots, Rosemary, Garlic • Roasted Asparagus Sweet Station • Cheesecake Tart	The Soup Bowl • Hearty Vegetable Noodle Soup • Chicken Tortilla Soup Salad Bar • Pico de Gallo Ready Set Deli • House Smoked Turkey Breast Chef's Table • BYO Pasta Bar Main Entrees • Beef Barbacoa Tacos Seasonal Grains & Vegetables • Fajita Vegetables • Steamed Corn • Spanish Style Stewed Beans with Tomato, Onions & Cilantro • Cilantro Rice Sweet Station • Chocolate Chip Cookie	The Soup Bowl • Chicken Wild Rice Soup • Cream Cauliflower Cheddar Soup Salad Bar • Spring Vegetable Chopped Salad Ready Set Deli • House Smoked Turkey Breast Chef's Table • BYO Pasta Bar Main Entrees • Wisconsin Bratwurst on a Pretzella Bun Seasonal Grains & Vegetables • Steamed & Seasoned Cauliflower • Roasted Carrots, Rosemary, Garlic • Jasmine Rice • Roasted Butternut & Root Vegetable Hash Sweet Station • Lemon Bar with Raspberry Sauce	The Soup Bowl • Hearty Vegetable Noodle Soup • Roasted Red Pepper Soup Salad Bar • Low Sodium Peach, Honey Vinaigrette Ready Set Deli • House Smoked Turkey Breast Chef's Table • BYO Pasta Bar Main Entrees • Korean Style BBQ Beef Bao Bun Seasonal Grains & Vegetables • Bulgur Wheat • Steamed Broccoli • Baby Bok Choy • Seasoned Potato Wedges Sweet Station • Fudge Brownie	The Soup Bowl • Chicken Noodle Soup • Cream of Potato Chowder with Bacon Salad Bar • Gazpacho Salad with Garbanzo Beans and Feta Ready Set Deli • House Smoked Turkey Breast Chef's Table • BYO Pasta Bar Main Entrees • BBQ Pulled Pork Pizza • Cheese Pizza • Pepperoni Pizza Seasonal Grains & Vegetables • Spring Vegetable, Farro and Arugula Salad • Roasted Green & Yellow Squash with Garlic and Herbs • Green Beans and Cherry Tomatoes Sweet Station • Rice Krispy Bar

**Daily Offerings:** Deli Bar , House Roasted Turkey, Assortment of Deli Meats, Assortment of Sliced Cheeses, Variety of Local Breads , **Salad Bar** , Simple Greens and Seasonal Gourmet Greens, Assortment of Freshly Cut and Prepared Salad Toppings, Grains, Legumes, House-made Salad Dressings to include Low-Fat Salad Dressings, House-made Croutons , Prepared Deli Salads to include Chicken, Egg and Tuna, Hummus , **Sweet Offerings:** , Assortment of Local and Seasonal Hand Fruit, Flavored Low-Fat Yogurt , **Beverages:** , Skim and 2% Milk, Assortment of 100% Juices and Seasonal House-made Beverages including Water Works

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#### MONDAY

20

The Soup Bowl  
 • Chicken Noodle Soup  
 • Cream of Asparagus Soup  
 Salad Bar  
 • Greek Salad  
 Ready Set Deli  
 • House Smoked Turkey Breast  
 Seasonal Grains & Vegetables  
 • Spring Vegetable, Farro and Arugula Salad  
 • Roasted Carrots, Rosemary, Garlic  
 • Roasted Asparagus  
 Sweet Station  
 • Apple Crisp

#### TUESDAY

21

The Soup Bowl  
 • Hearty Vegetable Noodle Soup  
 • Chicken Pozole  
 Salad Bar  
 • Tropical Salsa  
 Ready Set Deli  
 • House Smoked Turkey Breast  
 Seasonal Grains & Vegetables  
 • Seasoned Quinoa with Parmesan and Basil  
 • Steamed & Seasoned Cauliflower  
 • Green Beans and Cherry Tomatoes  
 Sweet Station  
 • Blondie Brownie

#### WEDNESDAY

22



EARLY DISMISSAL

#### THURSDAY

23



Thanksgiving

#### FRIDAY

24



Thanksgiving Break

**Daily Offerings:** Deli Bar , House Roasted Turkey, Assortment of Deli Meats, Assortment of Sliced Cheeses, Variety of Local Breads , **Salad Bar** , Simple Greens and Seasonal Gourmet Greens, Assortment of Freshly Cut and Prepared Salad Toppings, Grains, Legumes, House-made Salad Dressings to include Low-Fat Salad Dressings, House-made Croutons , Prepared Deli Salads to include Chicken, Egg and Tuna, Hummus , **Sweet Offerings:** , Assortment of Local and Seasonal Hand Fruit, Flavored Low-Fat Yogurt , **Beverages:** , Skim and 2% Milk, Assortment of 100% Juices and Seasonal House-made Beverages including Water Works

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