

LUNCH MENU

CHEF SPECIALS**Components served separately***MONDAY****Chicken Sausage & Peppers**

Housemade Italian-Style Chicken Sausage,
Roasted Sweet Peppers & Penne Pasta &
Marinara Sauce (G,W)

Vegetarian Option:

Plant-Based Sausage & Peppers (G,S,W)

TUESDAY**Beef Sloppy Joe**

Homestyle Sloppy Joe on Classic Bun (G,W,S),
Classic Mashed Potatoes (M) & Seasonal Veggie
Medley

Vegetarian Option:

Lentil & Quinoa Sloppy Joe (G,W,S)

WEDNESDAY**Chicken Fried Rice**

Diced Chicken Stir Fried with Jasmine Rice,
Soy Sauce, Egg, Carrots, Peas & Onion (E,S)

Vegetarian Option:

Tofu Fried Rice (E,S)

THURSDAY**Beef & Cheese Lasagna**

Homestyle Beef Lasagna w/Mozzarella,
Parmesan & Ricotta Cheeses, Housemade
Marinara & Herb-Roasted Green Beans (G,M,W)

Vegetarian Option:

Spinach & Cheese Lasagna (G,M,W)

FRIDAY**Hamburger on Classic Bun**

***Gluten-Free Bun (E) Available**

Grilled Hamburger on a Classic Bun with Roasted
Idaho Potato Wedges & Vegetable Medley (G,W)

Vegetarian Option:

Veggie Burger on Classic Bun (G,W)

***Gluten-Free Bun (E) Available**

**Includes Ketchup, Mustard & Relish on the side*

DAILY DESSERT**MONDAY**

Chocolate Sour Cream Coffee Cake (E,G,M,S,W)

TUESDAY

Lemon Cake Bar (E,G,M,S,W)

WEDNESDAY

Vegan Brownie (G,S,W)

THURSDAY

Granola Bar (G,M,S,W - Contains: Pepita Seeds)

FRIDAY

Vegan Banana Bread (G,S,W)

***Whole fruit and allergen-alternative
dessert available daily!**

AVAILABLE EVERYDAY**Roasted Chicken or Tofu (S)**

w/ Steamed Rice, Roasted Broccoli &
BBQ Sauce on the side

**Turkey or Cheese or Turkey & Cheese Sandwich
on Whole Wheat Bread Meal**

w/ Chips, Quinoa Side Salad & Whole Fruit
(G,M,W - Side Salad Contains: Corn, Chickpeas)

***Sandwich includes Mayo (E,S) and Mustard Packets
on the side**

***Gluten-Free Bread (E) Available**

**Sunbutter or Sunbutter & Jelly
on Whole Wheat Bread Meal**

w/ Chips, Quinoa Side Salad & Whole Fruit
(G,W - Contains: Sunflower Seeds,

Side Salad Contains: Corn, Chickpeas)

***Gluten-Free Bread (E) Available**

***Allergen Labeling Key:**

Egg, Gluten, Milk, Pork, Soy, Sesame, Wheat

Contains: Chickpeas, Pepita Seeds, & Sunflower Seeds.

*Our kitchen is nut-aware, which means we do not work with nuts or ingredients produced in facilities that use nuts. For other Top 8 allergens and known community allergens, we follow best practices to avoid cross contamination during production. Kids' menus are free from fish, shellfish, pork and sesame.

Questions related to ingredient information or nutritional content?

Email: nutrition@handcutfoods.com