

## LUNCH MENU

**CHEF SPECIALS***\*Components served separately***MONDAY****Kids' Chicken Sausage & Peppers**

Housemade Italian-Style Chicken Sausage,  
Roasted Sweet Peppers & Sautéed Penne Pasta  
w/Marinara Sauce (G,W)

**Vegetarian Option:****Kids' Plant-Based Sausage & Peppers (G,S,W)****TUESDAY****Kids' Beef Sloppy Joe**

Homestyle Sloppy Joe on Classic Bun (G,W,S),  
Classic Mashed Potatoes (M) & Seasonal Veggie  
Medley

**Vegetarian Option:****Kids' Lentil & Quinoa Sloppy Joe (G,W,S)****WEDNESDAY****Kids' Chicken Fried Rice**

Diced Chicken Stir Fried with Jasmine Rice,  
Soy Sauce, Egg, Carrots, Peas & Onions (E,S)

**Vegetarian Option:****Kids' Tofu Fried Rice (E,S)****THURSDAY****Kids' Beef & Cheese Lasagna**

Homestyle Beef Lasagna w/Mozzarella,  
Parmesan & Ricotta Cheeses, Housemade  
Marinara & Herb-Roasted Green Beans (G,M,W)

**Vegetarian Option:****Kids' Spinach & Cheese Lasagna (G,M,W)****FRIDAY****Kids' Hamburger on Classic Bun (G,W)****\*Gluten-Free Bun (E) Available**

Grilled Hamburger on a Classic Bun with Roasted  
Idaho Potato Wedges & Vegetable Medley

**Vegetarian Option:****Kids' Veggie Burger on Classic Bun (G,W)****\*Gluten-Free Bun (E) Available***\*Includes Ketchup, Mustard & Relish on the side***DAILY DESSERT****MONDAY****Chocolate Sour Cream Coffee Cake (E,G,M,S,W)****TUESDAY****Lemon Cake Bar (E,G,M,S,W)****WEDNESDAY****Vegan Brownie (G,S,W)****THURSDAY****Granola Bar (G,M,S,W - Contains: Pepita Seeds)****FRIDAY****Vegan Banana Bread (G,S,W)**

**\*Whole fruit and allergen-alternative  
dessert available daily!**

**AVAILABLE EVERYDAY**

**Kids' Roasted Chicken or Tofu (S)**  
w/ Steamed Rice, Roasted Broccoli &  
BBQ Sauce on the side

**Kids' Turkey, Cheese (M) or Turkey & Cheese  
(M) Sandwich on Whole Wheat Bread\* (G,W)**  
w/Chips & Applesauce Pouch  
**\*Sandwich includes Mayo (E,S) and Mustard Packets on  
the side**

**\*Gluten-Free Bread (E) Available**

**Kids' Sunbutter or Sunbutter & Jelly  
Sandwich on Whole Wheat Bread\* (G,W -  
Contains: Sunflower Seeds)**  
w/Chips & Applesauce Pouch  
**\*Gluten-Free Bread (E) Available**

**\*Allergen Labeling Key:**

Egg, Gluten, Milk, Pork, Soy, Sesame, Wheat

**Contains:** Chickpeas, Pepita Seeds, & Sunflower Seeds.

\*Our kitchen is nut-aware, which means we do not work with nuts or ingredients produced in facilities that use nuts. For other Top 8 allergens and known community allergens, we follow best practices to avoid cross contamination during production. Kids' menus are free from fish, shellfish, pork and sesame.

**Questions related to ingredient information or nutritional content?****Email:** [nutrition@handcutfoods.com](mailto:nutrition@handcutfoods.com)