

LUNCH MENU

CHEF SPECIALS**Components served separately***MONDAY****Kids' Pasta Primavera w/Roasted Chicken**

Farfalle Pasta with Roasted Chicken, Broccoli, Red Peppers, Cauliflower, Squash & Garlic (G,W)

Vegetarian Option:**Kids' Pasta Primavera w/Roasted Tofu** (G,S,W)**TUESDAY****Kids' BBQ Chicken**

Roasted Chicken with Housemade BBQ Sauce, Roasted Garlic Green Beans & Freshly Baked Cornbread (E,G,M,SW)

Vegetarian Option:**Kids' BBQ Tofu** (E,G,M,S,W)**WEDNESDAY****Kids' Spaghetti w/Beef Bolognese**

Slow-Cooked Beef Bolognese Sauce, Spaghetti & Roasted Broccoli (G,W)

Vegetarian Option:**Kids' Spaghetti w/Plant-Based Ragu** (G,S,W)**THURSDAY****Kids' Ground Turkey Tacos**

Spiced Ground Turkey on Flour Tortillas with Roasted Sweet Corn & Mexican Style Rice (G,S,W)

Vegetarian Option:**Kids' Black Bean Tacos** (G,S,W)**FRIDAY****Kids' Hamburger on Classic Bun** (G,W)***Gluten-Free Bun (E) Available**

Grilled Hamburger on a Classic Bun with Roasted Idaho Potato Wedges & Vegetable Medley

Vegetarian Option:**Kids' Veggie Burger on Classic Bun** (G,W)***Gluten-Free Bun (E) Available****Includes Ketchup, Mustard & Relish on the side***DAILY DESSERT****MONDAY****Chocolate Sour Cream Coffee Cake** (E,G,M,S,W)**TUESDAY****Lemon Cake Bar** (E,G,M,S,W)**WEDNESDAY****Vegan Brownie** (G,S,W)**THURSDAY****Granola Bar** (G,M,S,W - Contains: Pepita Seeds)**FRIDAY****Vegan Banana Bread** (G,S,W)***Whole fruit and allergen-alternative dessert available daily!****AVAILABLE EVERYDAY****Kids' Roasted Chicken or Tofu** (S)
w/ Steamed Rice, Roasted Broccoli & BBQ Sauce on the side**Kids' Turkey, Cheese (M) or Turkey & Cheese (M) Sandwich on Whole Wheat Bread*** (G,W)
w/Chips & Applesauce Pouch
Sandwich includes Mayo (E,S) and Mustard Packets on the side**Gluten-Free Bread (E) Available****Kids' Sunbutter or Sunbutter & Jelly Sandwich on Whole Wheat Bread*** (G,W - Contains: Sunflower Seeds)
w/Chips & Applesauce Pouch
Gluten-Free Bread (E) Available**Allergen Labeling Key:**

Egg, Gluten, Milk, Pork, Soy, Sesame, Wheat

Contains: Chickpeas, Pepita Seeds, & Sunflower Seeds.

*Our kitchen is nut-aware, which means we do not work with nuts or ingredients produced in facilities that use nuts. For other Top 8 allergens and known community allergens, we follow best practices to avoid cross contamination during production. Kids' menus are free from fish, shellfish, pork and sesame.

Questions related to ingredient information or nutritional content?Email: nutrition@handcutfoods.com