

LUNCH MENU

CHEF SPECIALS**Components served separately***MONDAY****Kids' Ground Beef Tacos**

Spiced Ground Beef with Flour Tortillas, Roasted Sweet Corn & Mexican Style Rice (G,S,W)

Vegetarian Option:**Kids' Black Bean Tacos** (G,S,W)**TUESDAY****Kids' Baked Mac & Cheese w/
Smoked Turkey**

Housemade Mac & Cheese with Mozzarella, Cheddar Cheese, Elbow Macaroni & Diced Turkey Breast & Garlic Roasted Broccoli (G,M,W)

Vegetarian Option:**Kids' Baked Mac & Cheese** (G,M,W)**WEDNESDAY****Kids' Chicken Jambalaya**

Chicken Braised with Cajun Spices, Onions & Bell Peppers in Tomato Sauce, Steamed Jasmine Rice & Herb Roasted Zucchini

Vegetarian Option:**Kids' Tofu Jambalaya** (S)**THURSDAY****Kids' Beef Meatballs**

Penne Pasta with Handmade Beef Meatballs and Marinara Sauce, & Garlic Roasted Butternut Squash (E,G,W)

Vegetarian Option:**Kids' Lentil & Quinoa Meatballs** (G,W)**FRIDAY****Kids' Turkey Pepperoni Pizza**

Pan-Pizza Style Focaccia, Turkey Pepperoni, Housemade Pizza Sauce, Mozzarella & Vegetable Medley w/Edamame (G,M,S,W)

Vegetarian Option:**Kids' Cheese Pizza** (G,M,S,W)**DAILY DESSERT****MONDAY****Chocolate Zucchini Cake** (E,G,S,W)**TUESDAY****Orange Cake Bar** (E,G,M,W)**WEDNESDAY****Chocolate Banana Cake** (E,G,M,W)**THURSDAY****Brown Sugar Coffee Cake** (E,G,M,W)**FRIDAY****Vegan Apple Cake** (G,S,W)***Whole fruit and allergen-alternative dessert available daily!****AVAILABLE EVERYDAY****Kids' Roasted Chicken or Tofu** (S)

w/ Steamed Rice, Roasted Broccoli & BBQ Sauce on the side

Kids' Turkey, Cheese (M) or Turkey & Cheese (M) Sandwich on Whole Wheat Bread* (G,W)

w/Chips & Applesauce Pouch

Sandwich includes Mayo (E,S) and Mustard Packets on the side**Gluten-Free Bread (E) Available****Kids' Sunbutter or Sunbutter & Jelly Sandwich on Whole Wheat Bread*** (G,W -

Contains: Sunflower Seeds)

w/Chips & Applesauce Pouch

Gluten-Free Bread (E) Available**Allergen Labeling Key:**

Egg, Gluten, Milk, Pork, Soy, Sesame, Wheat

Contains: Chickpeas, Pepita Seeds, & Sunflower Seeds.

*Our kitchen is nut-aware, which means we do not work with nuts or ingredients produced in facilities that use nuts. For other Top 8 allergens and known community allergens, we follow best practices to avoid cross contamination during production. Kids' menus are free from fish, shellfish, pork and sesame.

Questions related to ingredient information or nutritional content?**Email:** nutrition@handcutfoods.com