

## LUNCH MENU

**CHEF SPECIALS***\*Components served separately***MONDAY****Kids' Spaghetti w/Beef Bolognese**Slow-Cooked Beef Bolognese Sauce,  
Spaghetti & Roasted Broccoli (G,W)**Vegetarian Option:****Kids' Spaghetti w/Plant-Based Ragu** (G,S,W)**TUESDAY****Kids' BBQ Chicken**Roasted Chicken with Housemade BBQ Sauce,  
Roasted Garlic Green Beans & Freshly Baked  
Cornbread (E,G,M,W)**Vegetarian Option:****Kids' BBQ Tofu** (E,G,M,S,W)**WEDNESDAY****Kids' Cavatappi Pasta w/ Beef Ragu**Housemade Beef Ragu & Herb Roasted  
Butternut Squash (G,W)**Vegetarian Option:****Kids' Cavatappi Pasta w/ Plant-Based Ragu**  
(G,S,W)**THURSDAY****Kids' Teriyaki Chicken**Roasted & Diced Chicken with Housemade  
Teriyaki Sauce, Steamed Jasmine Rice  
& Curry Roasted Cauliflower (S)**Vegetarian Option:****Kids' Teriyaki Tofu** (S)**FRIDAY****Kids' Hamburger on Classic Bun** (G,W)**\*Gluten-Free Bun (E) Available**Grilled Hamburger on a Classic Bun with Roasted  
Idaho Potato Wedges & Vegetable Medley**Vegetarian Option:****Kids' Veggie Burger on Classic Bun** (G,W)**\*Gluten-Free Bun (E) Available***\*Includes Ketchup, Mustard & Relish on the side***DAILY DESSERT****MONDAY****Chocolate Sour Cream Coffee Cake** (E,G,M,S,W)**TUESDAY****Lemon Cake Bar** (E,G,M,W)**WEDNESDAY****Vegan Brownie** (G,S,W)**THURSDAY****Granola Bar** (G,M,S,W - Contains: Pepita Seeds)**FRIDAY****Vegan Banana Bread** (G,S,W)**\*Whole fruit and allergen-alternative  
dessert available daily!****AVAILABLE EVERYDAY****Kids' Roasted Chicken or Tofu** (S)  
w/ Steamed Rice, Roasted Broccoli &  
BBQ Sauce on the side**Kids' Turkey, Cheese (M) or Turkey & Cheese  
(M) Sandwich on Whole Wheat Bread\*** (G,W)  
w/Chips & Applesauce Pouch  
**\*Sandwich includes Mayo (E,S) and Mustard Packets on  
the side****\*Gluten-Free Bread (E) Available****Kids' Sunbutter or Sunbutter & Jelly  
Sandwich on Whole Wheat Bread\*** (G,W -  
Contains: Sunflower Seeds)  
w/Chips & Applesauce Pouch  
**\*Gluten-Free Bread (E) Available****\*Allergen Labeling Key:**

Egg, Gluten, Milk, Pork, Soy, Sesame, Wheat

**Contains:** Chickpeas, Pepita Seeds, & Sunflower Seeds.

\*Our kitchen is nut-aware, which means we do not work with nuts or ingredients produced in facilities that use nuts. For other Top 8 allergens and known community allergens, we follow best practices to avoid cross contamination during production. Kids' menus are free from fish, shellfish, pork and sesame.

**Questions related to ingredient information or nutritional content?****Email:** [nutrition@handcutfoods.com](mailto:nutrition@handcutfoods.com)