

## LUNCH MENU

**CHEF SPECIALS***\*Components served separately***MONDAY****Kids' Pasta Primavera w/ Roasted Chicken**

Penne Pasta, Broccoli, Red Peppers,  
Onions, Carrots, Green Beans, Sweet Peas,  
Garlic & Fresh Basil (G,W)

**Vegetarian Option:****Kids' Pasta Primavera w/ Roasted Tofu (G,S,W)****TUESDAY****Kids' Chicken Curry**

Slow-Cooked Chicken marinated with  
Housemade Curry Spices (mild), Roasted  
Broccoli & Steamed Basmati Rice (S)

**Vegetarian Option: Kids' Tofu Curry (S)****WEDNESDAY****Kids' Cavatappi Pasta w/ Beef Ragu**

Housemade Beef Ragu & Herb Roasted  
Butternut Squash (G,W)

**Vegetarian Option: Kids' Cavatappi Pasta w/ Plant-Based Ragu (G,S,W)****THURSDAY****Kids' Chicken Tinga Tacos on Flour Tortillas**

Braised Chicken Tinga (mild), Mexican Rice  
& Roasted Corn (G,S,W)

**Vegetarian Option: Kids' Black Bean Tacos on Flour Tortillas (G,S,W)****FRIDAY****Kids' Hamburger on Classic Bun (G,W)****\*Gluten-Free Bun (E) Available**

w/ Roasted Red Potatoes &amp; Vegetable Medley

**Vegetarian Option:****Kids' Veggie Burger on Classic Bun (G,S,W)****\*Gluten-Free Bun (E) Available**

w/ Roasted Red Potatoes &amp; Vegetable Medley

*\*Includes Ketchup, Mustard & Relish on the side***DAILY DESSERT****MONDAY****Chocolate Sour Cream Coffee Cake (E,G,M,S,W)****TUESDAY****Lemon Cake Bar (E,G,M,W)****WEDNESDAY****Vegan Brownie (G,S,W)****THURSDAY****Granola Bar (G,M,S,W - Contains: Pepita Seeds)****FRIDAY****Vegan Banana Bread (G,S,W)**

**\*Whole fruit and allergen-alternative  
dessert available daily!**

**AVAILABLE EVERYDAY**

**Kids' Roasted Chicken or Tofu (S)**  
w/ Steamed Rice, Roasted Broccoli &  
BBQ Sauce on the side

**Kids' Turkey, Cheese (M) or Turkey & Cheese  
(M) Sandwich on Whole Wheat Bread\* (G,W)**  
w/ Chips & Applesauce Pouch  
**\*Sandwich includes Mayo (E,S) and Mustard Packets on  
the side**

**\*Gluten-Free Bread (E) Available**

**Kids' Sunbutter or Sunbutter & Jelly  
Sandwich on Whole Wheat Bread\* (G,W -  
Contains: Sunflower Seeds)**  
w/ Chips & Applesauce Pouch  
**\*Gluten-Free Bread (E) Available**

**\*Allergen Labeling Key:**

Egg, Gluten, Milk, Pork, Soy, Sesame, Wheat

**Contains:** Chickpeas, Pepita Seeds, & Sunflower Seeds.

\*Our kitchen is nut-aware, which means we do not work with nuts or ingredients produced in facilities that use nuts. For other Top 8 allergens and known community allergens, we follow best practices to avoid cross contamination during production. Kids' menus are free from fish, shellfish, pork and sesame.

**Questions related to ingredient information or nutritional content?**Email: [nutrition@handcutfoods.com](mailto:nutrition@handcutfoods.com)