SNACK MENU

EARLY CHILDHOOD

DAILY SNACK

MONDAY
Cucumber Slices &
Cheddar Cheese (M)

TUESDAY
Sunbutter Sandwich
on Whole Wheat Bread (G,W,SF)

WEDNESDAY
White Bean Hummus
& Pita Triangles (G,W,S)

THURSDAY
Cheese Sandwich
on Whole Wheat Bread (G,W,M)

FRIDAY
Whole Wheat Crackers
& Applesauce (G,W)

ALLERGEN-FRIENDLY ALTERNATIVES

Options for those who require substitutions

ENJOY LIFE COOKIES w/Clementine

ENJOY LIFE COOKIES w/Rasins

ENJOY LIFE COOKIES w/Carrot Sticks

ENJOY LIFE COOKIES w/Applesauce

***Allergen Labeling Key:**
Egg, **G**luten, **M**ilk, **P**ork, **S**oy, **Se**same, **W**heat
Contains: *Chickpeas, Pepita Seeds, & Sunflower Seeds.*

*Our kitchen is nut-aware, which means we do not work with nuts or ingredients produced in facilities that use nuts. For other Top 8 allergens and known community allergens, we follow best practices to avoid cross contamination during production. Kids' menus are free from fish, shellfish, pork and sesame.

Questions related to ingredient information or nutritional content?
Email: nutrition@handcutfoods.com