

KIDS' LUNCH MENU

CHEF SPECIALS

MONDAY

Kids' BBQ Chicken Drumsticks

w/ Fresh Peas & Cornbread (E,G,M,W)

Vegetarian Option: Kids' BBQ Tofu (E,G,M,S,W)

TUESDAY

Kids' Beef & Cheese Enchilada Bake

w/ Roasted Zucchini & Sour Cream on the side(M)

Vegetarian Option: Kids' Bean & Cheese Enchilada Bake (M)

WEDNESDAY

Kids' Roasted Chicken

w/Penne Pasta, Roasted Green Beans & Pesto on the side (G,W - Contains: Pepita Seeds)

Vegetarian Option: Kids' Roasted Tofu (G,S,W - Contains: Pepita Seeds)

THURSDAY

Kids' Soy Ginger Glazed Chicken Meatballs

w/ Steamed Brown Rice & Roasted Broccoli (S)

Vegetarian Option: Kids' Soy Ginger Glazed Tofu (S)

FRIDAY

Kids' Beef Hot Dog on Classic Bun

w/Roasted Potatoes & Vegetable Medley (G,W)

Includes Ketchup & Mustard on the side

Vegetarian Option: Kids' Plant-Based Hot Dog (G,S,W)

***Gluten-Free Bread Available (contains egg (E))**

Warning* To prevent choking, hot dogs must be sliced lengthwise when serving to kids younger than age 4

DAILY DESSERT

MONDAY - Sunbutter Cake (E,G,M,W - Contains: Sunflower Seeds)

TUESDAY - Brookies (E,G,M,S,W)

WEDNESDAY - Strawberry Lemonade Blondie (E,G,M,S,W)

THURSDAY - Marble Squares (E,G,M,S,W)

FRIDAY - GF Granola Bar (M,S - Contains: Pepita Seeds & May Contain: Gluten)

***Whole fruit and allergen-alternative dessert available daily!**

AVAILABLE EVERYDAY

SANDWICHES

***Gluten-free sandwich options always contain egg (E)**

Kids' Turkey on Whole Wheat Bread

w/Chips & Applesauce Pouch (G,W)

***Gluten-Free Bread Available**

***Sandwich includes Mayo (E) and Mustard Packets**

Kids' Cheese Sandwich on Whole Wheat Bread

w/Chips & Applesauce Pouch (G,M,W)

***Gluten-Free Bread Available**

***Sandwich includes Mayo (E) and Mustard Packets**

Kids' Turkey & Cheese Sandwich on Whole Wheat Bread

w/Chips & Applesauce Pouch (G,M,W)

***Sandwich includes Mayo (E) and Mustard Packets**

***Gluten-Free Bread Available**

Kids' Sunbutter & Jelly Sandwich on Whole Wheat Bread

w/Chips & Applesauce Pouch

(G,W - Contains: Sunflower Seeds)

***Gluten-Free Bread Available**

Kids' Sunbutter Sandwich on Whole Wheat Bread

w/Chips & Applesauce Pouch

(G,W - Contains: Sunflower Seeds)

***Gluten-Free Bread Available**



*Our kitchen is nut-aware, which means we do not work with nuts or ingredients produced in facilities that use nuts. For other Top 8 allergens and known community allergens, we follow best practices to avoid cross contamination during production. Kids' menus are free from fish, shellfish, pork and sesame.

Questions related to ingredient information or nutritional content?

Email: nutrition@handcutfoods.com



***Allergen Labeling Key:**

Egg, Gluten, Milk, Pork, Soy, Sesame, Wheat

Contains: Chickpeas, Pepita Seeds, & Sunflower Seeds.