

KIDS' LUNCH MENU

CHEF SPECIALS

MONDAY

Kids' Peruvian Roasted Chicken

w/Root Veggie Hash & Steamed Brown Rice

Vegetarian Option: Kids' Peruvian Roasted Tofu (S)

TUESDAY

Kids' Turkey Tacos on Flour Tortillas

w/Roasted Corn, Rice, Roasted Zucchini & Shredded Cheese (G,M,S,W)

Vegetarian Option: Kids' Black Bean Tacos (G,M,S,W)

WEDNESDAY

Kids' Cajun Seasoned Pulled Chicken

w/Creamy Grits & Steamed Green Beans (M)

Vegetarian Option: Kids' Cajun Seasoned Tofu (M,S)

THURSDAY

Kids' Sweet & Sour Chicken

w/Jasmine Rice & Seasonal Veggie Stir Fry (S)

Vegetarian Option: Kids' Sweet & Sour Tofu (S)

FRIDAY

Kids' Beef Sloppy Joe on Classic Bun

w/Mashed Potatoes & Vegetables (G,M,W)

Vegetarian Option: Kids' Lentil & Quinoa Sloppy Joe (G,M,W - Contains: Mushroom)

***Gluten-Free Bun Available**

***Gluten-free sandwich options always contain egg (E)**

DAILY DESSERT

MONDAY - Chocolate Banana Cake (E,G,M,W)

TUESDAY - Snickerdoodle Bar (E,G,M,W)

WEDNESDAY - Chocolate Zucchini Cake (E,G,S,W)

THURSDAY - Seasonal Fruit Jam Bar (G,M,W - Contains: Oats)

FRIDAY - Gluten-Free Vegan Apple Cake (S)

***Whole fruit and allergen-alternative dessert available daily!**

AVAILABLE DAILY (Available M-F)

Kids Roasted Chicken *or* Tofu (S)

w/ Steamed Rice & Roasted Broccoli

Kids' Cheese Pizza

w/Shredded Mozzarella Cheese, Housemade Tomato Basil Sauce, & Roasted Broccoli (G,M,W)

SANDWICHES

***Gluten-free sandwich options always contain egg (E)**

Kids' Turkey, Cheese *or* Turkey & Cheese on Whole Wheat Bread

w/Chips & Applesauce Pouch (G,W)

***Sandwich includes Mayo (E) and Mustard Packets**

Kids' Sunbutter *or* Sunbutter & Jelly Sandwich on Whole Wheat Bread

w/Chips & Applesauce Pouch

(G,W - Contains: Sunflower Seeds)

DAILY PASTA Pasta option Rotates Daily

MONDAY

Kids' Chicken Sausage & Peppers

w/Penne Marinara (G,W)

Vegetarian Option: Kids' Plant-Based Sausage (G,S,W)

TUESDAY

Kids' Cavatappi Pasta w/ Beef Ragu

w/Roasted Green Beans & Parmesan Cheese on the side (G,M,W)

Vegetarian Option: Kids' Plant-Based Ragu (G,M,S,W)

WEDNESDAY

Kids' Pasta Primavera w/Roasted Chicken (G,W)

Vegetarian Option: Kids' Roasted Tofu (G,S,W)

THURSDAY

Kids' Mac & Cheese

w/ Smoked Turkey & Edamame (G,M,S,W)

Vegetarian Option: Kids' Baked Mac & Cheese w/ Edamame (G,M,S,W)

FRIDAY

Kids' Spaghetti w/ Beef Bolognese

w/Roasted Broccoli & Parmesan Cheese on the side (G,M,W)

Vegetarian Option: Kids' Spaghetti w/Marinara (G,M,W)



*Allergen Labeling Key:

Egg, Gluten, Milk, Pork, Soy, Sesame, Wheat

Contains: Chickpeas, Pepita Seeds, & Sunflower Seeds.

*Our kitchen is nut-aware, which means we do not work with nuts or ingredients produced in facilities that use nuts. For other Top 8 allergens and known community allergens, we follow best practices to avoid cross contamination during production. Kids' menus are free from fish, shellfish, pork and sesame.

Questions related to ingredient information or nutritional content?

Email: nutrition@handcutfoods.com