

KIDS' LUNCH MENU

CHEF SPECIALS

MONDAY

Kids' Peruvian Roasted Chicken
w/Root Veggie Hash & Steamed Brown Rice
Vegetarian Option: Kids' Peruvian Roasted Tofu (S)

TUESDAY

Kids' Turkey Tacos on Flour Tortillas
w/Roasted Corn & Shredded Cheese (G,M,S,W)
Vegetarian Option: Kids' Black Bean Tacos (G,M,S,W)

WEDNESDAY

Kids' Cajun Seasoned Pulled Chicken
w/Creamy Grits & Steamed Green Beans (M)
Vegetarian Option: Kids' Cajun Seasoned Tofu (M,S)

THURSDAY

Kids' Sweet & Sour Chicken
w/Jasmine Rice & Seasonal Veggie Stir Fry (S)
Vegetarian Option: Kids' Sweet & Sour Tofu (S)

FRIDAY

Kids' Beef Sloppy Joe on Classic Bun
w/Mashed Potatoes & Vegetables (G,M,W)
Vegetarian Option: Kids' Lentil & Quinoa Sloppy Joe (G,M,W - Contains: Mushroom)
***Gluten-Free Bun Available**
***Gluten-free sandwich options always contain egg (E)**

DAILY DESSERT

MONDAY - Chocolate Banana Cake (E,G,M,W)
TUESDAY - Snickerdoodle Bar (E,G,M,W)
WEDNESDAY - Chocolate Zucchini Cake (E,G,S,W)
THURSDAY - Seasonal Fruit Jam Bar (G,M,W - Contains: Oats)
FRIDAY - Gluten-Free Vegan Apple Cake (S)

***Whole fruit and allergen-alternative dessert available daily!**

AVAILABLE EVERYDAY

SANDWICHES

***Gluten-free sandwich options always contain egg (E)**

Kids' Turkey on Whole Wheat Bread
w/Chips & Applesauce Pouch (G,W)
***Gluten-Free Bread Available**
***Sandwich includes Mayo (E) and Mustard Packets**

Kids' Cheese Sandwich on Whole Wheat Bread
w/Chips & Applesauce Pouch (G,M,W)
***Gluten-Free Bread Available**
***Sandwich includes Mayo (E) and Mustard Packets**

Kids' Turkey & Cheese Sandwich on Whole Wheat Bread
w/Chips & Applesauce Pouch (G,M,W)
***Sandwich includes Mayo (E) and Mustard Packets**
***Gluten-Free Bread Available**

Kids' Sunbutter & Jelly Sandwich on Whole Wheat Bread
w/Chips & Applesauce Pouch (G,W - Contains: Sunflower Seeds)
***Gluten-Free Bread Available**

Kids' Sunbutter Sandwich on Whole Wheat Bread
w/Chips & Applesauce Pouch (G,W - Contains: Sunflower Seeds)
***Gluten-Free Bread Available**



***Allergen Labeling Key:**

Egg, Gluten, Milk, Pork, Soy, Sesame, Wheat

Contains: Chickpeas, Pepita Seeds, & Sunflower Seeds.

*Our kitchen is nut-aware, which means we do not work with nuts or ingredients produced in facilities that use nuts. For other Top 8 allergens and known community allergens, we follow best practices to avoid cross contamination during production. Kids' menus are free from fish, shellfish, pork and sesame.

Questions related to ingredient information or nutritional content?

Email: nutrition@handcutfoods.com