

# KIDS' LUNCH MENU

## CHEF SPECIALS

### MONDAY

**Kids' BBQ Chicken on Classic Bun**

*\*Available without bun*

w/Roasted Corn & Baked Beans (G,W)

**Vegetarian Option:** Kids' BBQ Jackfruit (G,W)

### TUESDAY

**Kids Cheese Quesadilla w/ Diced Chicken on Flour Tortilla**

w/Rice & Roasted Peppers (G,M,S,W)

**Vegetarian Option:** Kids' Cheese Quesadilla on Flour Tortilla w/Refried Beans (G,M,S,W)

### WEDNESDAY

**Kids' Baked Beef & Cheese Penne**

w/ Garlic Roasted Green Beans (G,M,W)

**Vegetarian Option:** Kids' Baked Cheese Penne (G,M,W)

### THURSDAY

**Kids' Chicken Teriyaki**

w/Jasmine Rice & Roasted Broccoli (S)

**Vegetarian Option:** Tofu Teriyaki (S)

### FRIDAY

**Kids' Nachos w/Ground Beef**

Corn Tortilla Chips, Cheese Sauce & Roasted Zucchini (M)

**Vegetarian Option:** Kids' Nachos w/Braised Pinto Beans (M)

## DAILY DESSERT

**MONDAY - Brown Sugar Coffee Cake (E,G,M,W)**

**TUESDAY - Brownie (E,G,M,S,W)**

**WEDNESDAY - Orange Cake (E,G,M,W)**

**THURSDAY - Goopy Ooey Butter Cake (E,G,M,S,W)**

**FRIDAY - Vegan Banana Bread (G,S,W)**

**\*Whole fruit and allergen-alternative dessert available daily!**

## AVAILABLE EVERYDAY

### SANDWICHES

**\*Gluten-free sandwich options always contain egg (E)**

**Kids' Turkey on Whole Wheat Bread**

w/Chips & Applesauce Pouch (G,W)

**\*Gluten-Free Bread Available**

**\*Sandwich includes Mayo (E) and Mustard Packets**

**Kids' Cheese Sandwich on Whole Wheat Bread**

w/Chips & Applesauce Pouch (G,M,W)

**\*Gluten-Free Bread Available**

**\*Sandwich includes Mayo (E) and Mustard Packets**

**Kids' Turkey & Cheese Sandwich on Whole Wheat Bread**

w/Chips & Applesauce Pouch (G,M,W)

**\*Sandwich includes Mayo (E) and Mustard Packets**

**\*Gluten-Free Bread Available**

**Kids' Sunbutter & Jelly Sandwich on Whole Wheat Bread**

w/Chips & Applesauce Pouch

(G,W - Contains: Sunflower Seeds)

**\*Gluten-Free Bread Available**

**Kids' Sunbutter Sandwich on Whole Wheat Bread**

w/Chips & Applesauce Pouch

(G,W - Contains: Sunflower Seeds)

**\*Gluten-Free Bread Available**



\*Our kitchen is nut-aware, which means we do not work with nuts or ingredients produced in facilities that use nuts. For other Top 8 allergens and known community allergens, we follow best practices to avoid cross contamination during production. Kids' menus are free from fish, shellfish, pork and sesame.

**Questions related to ingredient information or nutritional content?**

**Email: [nutrition@handcutfoods.com](mailto:nutrition@handcutfoods.com)**



### **\*Allergen Labeling Key:**

**Egg, Gluten, Milk, Pork, Soy, Sesame, Wheat**

**Contains: Chickpeas, Pepita Seeds, & Sunflower Seeds.**